



Kadeloop
Schipluiden
Zat. 7 juli 2018
Voorlopige uitslag 12 km



| Nr. | Startnr | Naam | Vereniging/Woonplts | Cat | Netto | Bruto |
|-----|---------|--------------------------|------------------------|-------|-------|-------|
| 1 | 1208 | René de Lange | De Koplopers | 12M35 | 40:21 | 40:23 |
| 2 | 1289 | Issak Berhane | AV Sparta | 12M18 | 40:44 | 40:45 |
| 3 | 24 | Dominic Bersee | Olympus 70 | 12M18 | 41:34 | 41:35 |
| 4 | 1285 | Roel van Nes | AV Standdaarbuiten `90 | 12M45 | 42:11 | 42:13 |
| 5 | 1207 | Marc Rotsaert | Schiedam | 12M35 | 42:44 | 42:46 |
| 6 | 1401 | Erwin Sparreboom | Olympus '70 | 12M45 | 43:06 | 43:07 |
| 7 | 661 | Arco Poot | Olympus '70 | 12M18 | 43:12 | 43:15 |
| 8 | 53 | Sander van Dijk | AV De Koplopers | 12M18 | 44:25 | 44:27 |
| 9 | 1306 | Menno Lieven | PAC | 12M35 | 44:42 | 44:44 |
| 10 | 35 | Michiel Bovendeert | AV Fortuna | 12M45 | 44:53 | 44:55 |
| 11 | 63 | Jelle Enthoven | Loopgroep PK | 12M18 | 45:30 | 45:32 |
| 12 | 590 | Marlies Jongerius | Olympus 70 | 12V35 | 46:27 | 46:28 |
| 13 | 78 | Henri Havinga | AV `40 | 12M55 | 46:33 | 46:34 |
| 14 | 1240 | Richard Holstege | AV `40 | 12M18 | 46:58 | 47:00 |
| 15 | 662 | Ali Vakili | | 12M35 | 47:02 | 47:06 |
| 16 | 21 | Harm van Berkel | Thof | 12M35 | 47:11 | 47:14 |
| 17 | 1284 | Jan van Hoeven | Olympus 70 | 12M45 | 47:15 | 47:16 |
| 18 | 94 | Paul Jansen | Olympus 70 | 12M45 | 47:16 | 47:18 |
| 19 | 76 | Bob Hart | AV Fortuna | 12M45 | 47:38 | 47:40 |
| 20 | 1267 | Fred Louter | Thof Running | 12M45 | 48:11 | 48:15 |
| 21 | 150 | Melvin Rorijis | CAV Energie | 12M45 | 48:32 | 48:39 |
| 22 | 1065 | Vanessa Hartman | Voorne Atletiek | 12V45 | 48:37 | 48:40 |
| 23 | 1325 | Wim de Jong | Olympus '70 | 12M55 | 48:54 | 48:57 |
| 24 | 1320 | Jan Willem van der Kraan | Olympus 70 | 12M35 | 48:58 | 49:04 |
| 25 | 1263 | Ron Huizer | Loopgroep Aart Stigter | 12M55 | 49:06 | 49:10 |
| 26 | 1407 | Ping-Fai Teng | Pijnacker | 12M35 | 49:22 | 49:30 |
| 27 | 1253 | Maarten de Jong | Olympus 70 | 12M55 | 49:34 | 49:39 |
| 28 | 1311 | Jeffrey Duyvestein | AV Fortuna | 12M18 | 49:48 | 49:50 |
| 29 | 1308 | Bart Eigenraam | AV Fortuna | 12M18 | 49:49 | 49:53 |
| 30 | 1238 | Amriet Oemraw | Rotterdam Atletiek | 12M55 | 49:52 | 49:55 |
| 31 | 77 | Erwin van Harten | Erasmus UR Roadrunners | 12M45 | 49:57 | 49:59 |
| 32 | 1352 | Michel Vollebregt | AAV '36 | 12M55 | 50:02 | 50:06 |
| 33 | 1271 | Eddy Doorschodt | Haag Atletiek | 12M45 | 50:34 | 50:37 |
| 34 | 116 | Stefan Melchior | Haag Atletiek | 12M18 | 50:37 | 50:43 |
| 35 | 84 | Vincent Holleman | Haag Atletiek | 12M35 | 50:51 | 50:55 |
| 36 | 1275 | Marius Schwartz | AV De Koplopers | 12M45 | 50:55 | 50:57 |
| 37 | 92 | Wout Jansen | Maasland | 12M35 | 50:57 | 50:59 |
| 38 | 126 | Corniel Nobel | Leiden Atletiek | 12M35 | 51:04 | 51:08 |
| 39 | 603 | Monique Leentvaar | AV Fortuna | 12V45 | 51:13 | 51:16 |
| 40 | 86 | Arie Hoogenraad | Olympus 70 | 12M55 | 51:16 | 51:19 |
| 41 | 109 | Vincent Leonard | Pijnacker | 12M18 | 51:19 | 51:23 |
| 42 | 1334 | Berne Koornneef | Ophorst Runners | 12M35 | 51:23 | 51:29 |
| 43 | 1390 | Gerbrand Quak | Dijkrunners | 12M35 | 51:18 | 51:33 |
| 44 | 1257 | Sven Bekkers | vv schipluiden | 12M18 | 51:30 | 51:37 |
| 45 | 1295 | Henk Tuk | Voorne Atletiek | 12M45 | 51:46 | 51:51 |
| 46 | 1318 | Wim Wubben | Santini Runners | 12M55 | 51:50 | 51:56 |
| 47 | 1351 | Ralph Vollebregt | geen | 12M45 | 51:54 | 51:58 |
| 48 | 1374 | John Klijsen | Delft | 12M45 | 51:35 | 52:01 |
| 49 | 1361 | Ruud Kaarsemaker | Dijkrunners | 12M45 | 52:05 | 52:08 |
| 50 | 66 | Cor van der Geest | Haag Atletiek | 12M55 | 52:03 | 52:08 |



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|-----|---------|-----------------------|---------------------|-------|-------|-------|
| 51 | 1296 | Sander Belien | AV Fortuna | 12M45 | 52:16 | 52:25 |
| 52 | 1233 | Wilfred Krol | Dordrecht | 12M45 | 52:16 | 52:27 |
| 53 | 1202 | Guido Breedveld | Den Hoorn Zh | 12M55 | 52:22 | 52:30 |
| 54 | 1411 | Merijn Vreugdenhil | Olympus '70 | 12M35 | 52:27 | 52:34 |
| 55 | 1323 | Joeri Smit | AV De Koplopers | 12M35 | 52:28 | 52:37 |
| 56 | 157 | Hans van Schendel | Delft | 12M45 | 52:25 | 52:38 |
| 57 | 182 | Kees Voogt | De Kieviten | 12M55 | 52:36 | 52:42 |
| 58 | 1300 | Fred van Berkum | AV De Koplopers | 12M45 | 52:40 | 52:48 |
| 59 | 1331 | Adrie Hoek | De Koplopers | 12M55 | 52:45 | 52:54 |
| 60 | 16 | Lhoussine Bensaga | Haag Atletiek | 12M45 | 52:54 | 53:00 |
| 61 | 1380 | Dick Valk | De Lier | 12M45 | 52:55 | 53:03 |
| 62 | 194 | Jan van Zon | ARV Ilion | 12M45 | 52:56 | 53:04 |
| 63 | 131 | Rik V Oosterom | Den Haag | 12M35 | 52:19 | 53:20 |
| 64 | 1272 | Thomas Litiens | s-Gravenzande | 12M18 | 53:21 | 53:24 |
| 65 | 1201 | Jochum Van Hoof | Delft | 12M35 | 53:22 | 53:29 |
| 66 | 169 | Roy Thoen | Schipluiden | 12M18 | 53:25 | 53:33 |
| 67 | 115 | Casper van der Marel | Maasland | 12M35 | 53:30 | 53:35 |
| 68 | 83 | Rene Hofkens | Haag Atletiek | 12M55 | 53:30 | 53:37 |
| 69 | 1307 | Paul Dekkers | av de koplopers | 12M45 | 53:28 | 53:37 |
| 70 | 59 | Ben van der Eijk | de Hardloper | 12M18 | 53:34 | 53:41 |
| 71 | 1288 | Sebastian den Brinker | fortuna | 12M35 | 53:26 | 53:44 |
| 72 | 1372 | Senton Dijkgraaf | AV De Koplopers | 12M35 | 53:49 | 54:00 |
| 73 | 1324 | Lambert van Eijck | Delft | 12M45 | 52:45 | 54:02 |
| 74 | 1225 | Nasser Berrich | Den Hoorn | 12M55 | 53:42 | 54:02 |
| 75 | 81 | Rick van Helden | Schiedam | 12M18 | 53:56 | 54:06 |
| 76 | 1245 | Ron Koorevaar | AV De Koplopers | 12M55 | 54:10 | 54:13 |
| 77 | 132 | Jan Ouwendijk | AV Waterweg | 12M55 | 54:14 | 54:27 |
| 78 | 1301 | Jeroen Bayens | Delft | 12M35 | 54:16 | 54:29 |
| 79 | 91211 | Robert van den Berg | De Lier | 12M18 | 54:27 | 54:34 |
| 80 | 1414 | Dawit Beyene | Nootdorp | 12M45 | 54:27 | 54:35 |
| 81 | 1316 | Martien Blok | Voorne Atletiek | 12M55 | 54:37 | 54:42 |
| 82 | 1353 | Marcel vd Water | Waterweg | 12M45 | 54:51 | 54:55 |
| 83 | 1261 | Cyril van Schijndel | De Koplopers | 12M45 | 54:51 | 55:01 |
| 84 | 609 | Franka van Marrewijk | Delft | 12V18 | 54:47 | 55:08 |
| 85 | 1354 | Ton Hereijgers | Ophorstrunners | 12M35 | 55:04 | 55:10 |
| 86 | 49 | Kees Debie | Renergie Delft | 12M55 | 54:57 | 55:11 |
| 87 | 166 | Johan Stolze | lierse roadrunners | 12M55 | 55:05 | 55:11 |
| 88 | 1067 | Helmie Ramakers | Haag Atletiek | 12V45 | 55:07 | 55:13 |
| 89 | 1315 | Armand Olsthoorn | Olympus '70 | 12M35 | 55:00 | 55:16 |
| 90 | 1388 | Peter Los | Waterweg | 12M55 | 55:06 | 55:18 |
| 91 | 151 | P Rotteveel | Haag Atletiek | 12M45 | 55:32 | 55:38 |
| 92 | 107 | Richard Lansbergen | Pijnacker | 12M18 | 55:16 | 55:39 |
| 93 | 118 | Wilco van der Meulen | s-Gravenzande | 12M45 | 55:43 | 55:47 |
| 94 | 58 | Jeroen Dunnewold | s-Gravenhage | 12M35 | 55:42 | 55:49 |
| 95 | 589 | Augüsta van Hoogdalem | AV Fortuna | 12V35 | 55:51 | 55:54 |
| 96 | 1403 | George Edelman | Olympus 70 | 12M45 | 56:03 | 56:07 |
| 97 | 1278 | Wouter van den Beukel | Olympus '70 | 12M35 | 55:59 | 56:12 |
| 98 | 1379 | Michel Verheezen | AV Fortuna | 12M45 | 55:29 | 56:16 |
| 99 | 1298 | Mathieu Verkade | AV Fortuna | 12M35 | 55:57 | 56:17 |
| 100 | 22 | Michel van Berkel | Delft | 12M35 | 56:06 | 56:21 |



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|-----|---------|-----------------------------|----------------------|-------|-------|-------|
| 101 | 1292 | Marco Baris | AV Fortuna | 12M18 | 56:17 | 56:34 |
| 102 | 1423 | Paul Johan de Voogd | Fortuna | 12M35 | 56:10 | 56:41 |
| 103 | 88 | Paul Huijbregtse | Haag Atletiek | 12M45 | 56:43 | 56:52 |
| 104 | 1375 | Henk Meliesie | s-Gravenhage | 12M18 | 56:36 | 56:57 |
| 105 | 1265 | Paul Heijker | Wateringen | 12M55 | 56:41 | 57:06 |
| 106 | 1400 | Armand Robbemond | dijkrunners | 12M35 | 56:52 | 57:07 |
| 107 | 79 | Fred Havinga | Almere | 12M45 | 57:08 | 57:16 |
| 108 | 629 | Sipkje Spijksma | Delfgauw | 12V35 | 57:03 | 57:17 |
| 109 | 108 | Leo van Leeuwen | AV `40 | 12M55 | 57:26 | 57:29 |
| 110 | 1377 | Nico Baas | bleskensgraaf | 12M55 | 56:29 | 57:34 |
| 111 | 562 | Manon Borgstijn | AV De Koplopers | 12V35 | 57:28 | 57:41 |
| 112 | 102 | Daan de Koning | Naaldwijk | 12M18 | 57:21 | 57:49 |
| 113 | 1405 | Ard Persoon | Loopgroep WIN | 12M55 | 57:15 | 57:56 |
| 114 | 60 | Tim van den Eijk | Den Hoorn | 12M18 | 57:09 | 57:56 |
| 115 | 48 | Bert De Jong | de Hardloper | 12M55 | 57:26 | 57:59 |
| 116 | 1409 | Bastiaan van Loenen | dijkrunners maasdijk | 12M35 | 57:44 | 57:59 |
| 117 | 1333 | Rob Paardekooper | Olympus '70 | 12M55 | 57:39 | 58:04 |
| 118 | 1387 | Gijs van Oevelen | DIJC Bertus | 12M45 | 57:25 | 58:04 |
| 119 | 144 | Roy van der Reijnt | Delft | 12M18 | 57:37 | 58:08 |
| 120 | 1052 | Jacqueline van Broeckhuysen | DIJC Bertrus | 12V55 | 58:01 | 58:10 |
| 121 | 1290 | Wim Elshout | Veteranen Nederland | 12M55 | 58:02 | 58:11 |
| 122 | 1286 | René Kick | Olympus '70 | 12M55 | 58:04 | 58:11 |
| 123 | 1220 | Remco Bol | Schipluiden | 12M35 | 57:46 | 58:17 |
| 124 | 1363 | Roland van Vugt | Barendrecht | 12M45 | 57:59 | 58:18 |
| 125 | 80 | Paul Heijdel | Delft | 12M35 | 57:46 | 58:21 |
| 126 | 1248 | Marco Ooms | AV Fortuna | 12M45 | 58:06 | 58:24 |
| 127 | 181 | Louisse Vonk | Delft | 12V18 | 57:54 | 58:29 |
| 128 | 1367 | Herman Winkel | Vlaardingingen | 12M55 | 58:14 | 58:30 |
| 129 | 100 | Ruud Koene | De Hardloper | 12M45 | 57:57 | 58:30 |
| 130 | 91416 | Hilbert van Dijk | dijkrunners maasdijk | 12M35 | 58:25 | 58:31 |
| 131 | 1214 | Sebastiaan Schilperoort | Schipluiden | 12M35 | 57:50 | 58:34 |
| 132 | 1330 | Alex Gielesen | Den Hoorn | 12M45 | 58:20 | 58:37 |
| 133 | 1276 | Wim van Dalen | Lierse Roadrunners | 12M45 | 58:20 | 58:41 |
| 134 | 1386 | Ruud van Geest | De Lier | 12M35 | 58:01 | 58:49 |
| 135 | 1044 | Corien Mostert | Warmlopers | 12V18 | 58:29 | 58:55 |
| 136 | 149 | Erik van Roon | Schipluiden | 12M35 | 58:53 | 58:59 |
| 137 | 114 | Douwe Maijer | Delft | 12M35 | 58:14 | 59:01 |
| 138 | 555 | Simone Avery | Schiedam | 12V35 | 58:48 | 59:03 |
| 139 | 1326 | Patrick Lelieveld | Voorburg | 12M18 | 58:21 | 59:05 |
| 140 | 154 | Luc van der Sar | Delft | 12M18 | 58:27 | 59:05 |
| 141 | 1356 | Mark Schuurmans | De Lier | 12M35 | 58:49 | 59:06 |
| 142 | 139 | Gabriel Ponstein | Rotterdam | 12M45 | 58:46 | 59:08 |
| 143 | 34 | Kees van den Bos | Olympus 70 | 12M55 | 58:30 | 59:12 |
| 144 | 57 | Cees Duijndam | Santinirunners | 12M55 | 59:04 | 59:14 |
| 145 | 1395 | Rob Stofberg | Clytoneus | 12M55 | 58:58 | 59:19 |
| 146 | 158 | Niels Schouten | Delft | 12M18 | 59:06 | 59:28 |
| 147 | 1332 | Lennard Schilperoort | Schipluiden | 12M45 | 58:45 | 59:29 |
| 148 | 1281 | Francesc Solans | Voorburg | 12M35 | 58:51 | 59:30 |
| 149 | 1045 | Valerie van Leeuwen | Delft | 12V18 | 59:23 | 59:35 |
| 150 | 1266 | Sjoerd-Gosse Dijkstra | DIJC Bertus | 12M35 | 59:01 | 59:39 |



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|-----|---------|---------------------|---------------------|-------|---------|---------|
| 151 | 121 | Matthijs Morra | Maassluis | 12M35 | 59:32 | 59:42 |
| 152 | 1058 | Joke Immerzeel | Olympus '70 | 12V55 | 59:23 | 59:47 |
| 153 | 73 | Jeroen Hagendoorn | Vlaardingen | 12M35 | 59:15 | 59:48 |
| 154 | 19 | Hans van den Berg | Olympus 70 | 12M55 | 59:26 | 59:50 |
| 155 | 1336 | Hilair Zwinkels | Olympus 70 | 12M45 | 59:21 | 59:50 |
| 156 | 1227 | Martijn Dahmeijer | Schipluiden | 12M35 | 59:29 | 59:52 |
| 157 | 160 | Marc Peter Schram | Den Haag | 12M45 | 58:45 | 59:56 |
| 158 | 67 | Johan de Gelder | Den Hoorn | 12M55 | 59:52 | 59:58 |
| 159 | 1314 | Tom Visser | Thof | 12M35 | 59:18 | 59:58 |
| 160 | 1322 | Paul van Oosten | Monster | 12M55 | 59:20 | 1:00:04 |
| 161 | 1312 | Robert Visser | Thof | 12M35 | 59:23 | 1:00:04 |
| 162 | 1404 | Ad 't Hoen | Loopgroep WIN | 12M45 | 59:24 | 1:00:05 |
| 163 | 38 | Kees Bredeveld | Leiden | 12M55 | 59:56 | 1:00:11 |
| 164 | 65 | John Franke | de Hardloper | 12M55 | 59:37 | 1:00:13 |
| 165 | 93 | Freddy Jansen | Den Haag | 12M45 | 59:37 | 1:00:14 |
| 166 | 104 | John Kortekaas | Delft | 12M45 | 59:41 | 1:00:23 |
| 167 | 1309 | Erik Jan Buitelaar | Naaldwijk | 12M18 | 59:22 | 1:00:31 |
| 168 | 1293 | Teunis de Kruijf | s-Gravenhage | 12M18 | 0:00 | 1:00:31 |
| 169 | 124 | Jesper Neeleman | Delft | 12M45 | 59:44 | 1:00:32 |
| 170 | 1210 | Gilion van Adrichem | Schipluiden | 12M45 | 59:51 | 1:00:33 |
| 171 | 1224 | Bauke Krop | Stampersgat | 12M45 | 59:25 | 1:00:34 |
| 172 | 1228 | Eric Schipper | Den Haag | 12M55 | 1:00:24 | 1:00:35 |
| 173 | 1226 | Mike van der Lee | Schipluiden | 12M45 | 1:00:29 | 1:00:38 |
| 174 | 1213 | Marcel van Diepen | de Hardloper | 12M55 | 1:00:09 | 1:00:43 |
| 175 | 195 | Jeroen Zuydgeest | BC Schipluiden | 12M35 | 1:00:21 | 1:00:46 |
| 176 | 167 | Martin Talmon | Vlaardingen | 12M55 | 1:00:41 | 1:00:47 |
| 177 | 1250 | Ricardo van Leeuwen | Wateringen | 12M35 | 1:00:07 | 1:00:51 |
| 178 | 91221 | Jeroen Hamers | Schipluiden | 12M45 | 1:00:26 | 1:00:51 |
| 179 | 10 | Jim Amas | Maassluis | 12M45 | 1:00:33 | 1:00:53 |
| 180 | 152 | Ronald Ruigrok | De Lier | 12M35 | 1:00:25 | 1:00:59 |
| 181 | 99 | Ron en Knipping | Olympus 70 | 12M45 | 1:00:34 | 1:00:59 |
| 182 | 622 | Marijse van Rijn | Schipluiden | 12V35 | 1:00:33 | 1:01:00 |
| 183 | 1337 | Marco Hagendijk | Delft | 12M45 | 1:00:44 | 1:01:04 |
| 184 | 110 | Tim Lepelaar | Olympus 70 | 12M55 | 1:00:37 | 1:01:04 |
| 185 | 1413 | Leo Valstar | Olympus 70 | 12M55 | 1:00:54 | 1:01:10 |
| 186 | 1389 | Dick Ufkes | Den Haag | 12M55 | 1:01:05 | 1:01:17 |
| 187 | 153 | Luc Salemans | AV Sparta | 12M55 | 1:00:21 | 1:01:19 |
| 188 | 1294 | Ruud Groenewoud | Olympus '70 | 12M55 | 1:00:26 | 1:01:26 |
| 189 | 1364 | Anton van Vugt | Barendrecht | 12M55 | 1:01:10 | 1:01:29 |
| 190 | 54 | Gerard van Dommelen | Dutch Runners | 12M55 | 1:00:22 | 1:01:31 |
| 191 | 178 | Joost Verzijl | De Glind | 12M55 | 1:00:47 | 1:01:32 |
| 192 | 1239 | Anno Govers | Haag Atletiek | 12M55 | 1:00:42 | 1:01:32 |
| 193 | 1218 | Joost Rodenburg | Schipluiden | 12M18 | 1:01:10 | 1:01:34 |
| 194 | 1397 | Arie van Delft | Lierse Road Runners | 12M55 | 1:01:28 | 1:01:35 |
| 195 | 128 | Robert van Noordt | Schiedam | 12M45 | 1:01:26 | 1:01:38 |
| 196 | 1249 | Koos Voskuil | Naaldwijk | 12M55 | 1:01:06 | 1:01:38 |
| 197 | 1280 | Ruud Wessels | AV Waterweg | 12M55 | 1:01:23 | 1:01:42 |
| 198 | 163 | Robert Solleveld | De Lier | 12M35 | 1:01:08 | 1:01:43 |
| 199 | 1246 | Jesse van Gastel | Het Dispuut | 12M18 | 1:00:47 | 1:01:47 |
| 200 | 133 | Tom Ouwerling | s-Gravenzande | 12M18 | 1:01:26 | 1:01:49 |



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| 201 | 1270 | Bernhard Thieme | De Koplopers | 12M45 | 1:00:31 | 1:01:51 |
| 202 | 1254 | Andre Arbman | Bergschenhoek | 12M55 | 1:01:24 | 1:01:53 |
| 203 | 1345 | Matthijs Stijger | Kwintseheul | 12M18 | 1:01:30 | 1:01:55 |
| 204 | 52 | Kees van Dijk | De Hardloper | 12M55 | 1:01:23 | 1:01:56 |
| 205 | 33 | Robin Borsboom | AV De Koplopers | 12M18 | 1:01:44 | 1:01:59 |
| 206 | 119 | Michel van Mil | AV Fortuna | 12M55 | 1:01:43 | 1:02:01 |
| 207 | 98 | Luuk van der Knaap | Schipluiden | 12M35 | 1:01:22 | 1:02:10 |
| 208 | 140 | Bas Pont | Leidschendam | 12M35 | 1:00:58 | 1:02:11 |
| 209 | 1346 | Marcel Vijverberg | Olympus '70 | 12M35 | 1:01:57 | 1:02:20 |
| 210 | 1061 | Hedy Schumacher | AV Fortuna | 12V18 | 1:02:13 | 1:02:34 |
| 211 | 183 | Arjan van der Voort | Schipluiden | 12M35 | 1:02:10 | 1:02:37 |
| 212 | 1252 | Erwin Terlouw | Ren Je Rot | 12M45 | 1:02:04 | 1:02:48 |
| 213 | 1327 | Patrick Berlin | Den Haag | 12M45 | 1:01:45 | 1:02:50 |
| 214 | 1319 | Eus De Jongh | Haag Atletiek | 12M55 | 1:01:51 | 1:02:56 |
| 215 | 1046 | Mariska Heijden | De Hardloper | 12V35 | 1:02:49 | 1:03:00 |
| 216 | 143 | Richard Pronk | Den Haag | 12M35 | 1:02:12 | 1:03:04 |
| 217 | 1282 | Bart Hagen | Den Hoorn Zh | 12M45 | 1:02:19 | 1:03:11 |
| 218 | 50 | Bas Denkers | Maasland | 12M18 | 1:02:32 | 1:03:13 |
| 219 | 1382 | Edwin Vijverberg | Waterweg | 12M45 | 1:02:42 | 1:03:18 |
| 220 | 1321 | Willem Teerlink | Pijnacker | 12M55 | 1:02:10 | 1:03:23 |
| 221 | 1086 | Joanne Reitsma | noordwijk | 12V18 | 1:03:04 | 1:03:26 |
| 222 | 1408 | Jum Smits | | 12M18 | 1:02:14 | 1:03:28 |
| 223 | 18 | Sjaak van den Berg | Maasland | 12M18 | 1:02:49 | 1:03:31 |
| 224 | 146 | Koen Rensen | Rijswijk | 12M18 | 1:02:55 | 1:03:31 |
| 225 | 28 | Gorden Blom | AV De Koplopers | 12M18 | 1:02:55 | 1:03:33 |
| 226 | 1338 | Richard Paardekooper | Olympus 70 | 12M55 | 1:03:00 | 1:03:36 |
| 227 | 42 | Sjaak van der Burg | AV Fortuna | 12M45 | 1:03:18 | 1:03:36 |
| 228 | 1217 | Rob van Mierlo | De Hardloper | 12M35 | 1:02:54 | 1:03:37 |
| 229 | 64 | Frank Everaars | Rotterdam | 12M35 | 1:02:21 | 1:03:38 |
| 230 | 1057 | Rianne Boelens | Olympus '70 | 12V18 | 1:02:57 | 1:03:38 |
| 231 | 71 | Luuk de Haan | AV Fortuna | 12M45 | 1:03:19 | 1:03:39 |
| 232 | 655 | Ron Holling | NN Running team | 12M55 | 1:03:23 | 1:03:40 |
| 233 | 650 | Hubert van der Planken | NN Running team | 12M55 | 1:03:33 | 1:03:41 |
| 234 | 1268 | Peter Noordam | Waterweg | 12M45 | 1:03:18 | 1:03:42 |
| 235 | 607 | Anita van Marrewijk | Naaldwijk | 12V45 | 1:03:27 | 1:03:44 |
| 236 | 170 | John van Tiggelen | AV Sparta | 12M55 | 1:03:29 | 1:03:44 |
| 237 | 1211 | Victor Borsboom | ARV Ilion | 12M45 | 1:03:18 | 1:03:48 |
| 238 | 1355 | Peter Verhoeff | De Hardloper | 12M55 | 1:03:01 | 1:03:49 |
| 239 | 597 | Jeanette Koene | De Hardloper | 12V45 | 1:03:42 | 1:03:51 |
| 240 | 1360 | Remco van den Bos | Maasdijk | 12M18 | 1:03:37 | 1:04:06 |
| 241 | 1303 | Dick van Middelkoop | Renergie Delft | 12M45 | 1:03:55 | 1:04:10 |
| 242 | 1415 | Richard Poot | s-Gravenzande | 12M35 | 1:03:58 | 1:04:13 |
| 243 | 176 | Daniel Vermeulen | Haag Atletiek | 12M45 | 1:04:07 | 1:04:24 |
| 244 | 156 | Bert van der Schans | De Hardloper | 12M55 | 1:03:41 | 1:04:30 |
| 245 | 171 | Hans Verbeek | AV De Koplopers | 12M55 | 1:03:41 | 1:04:32 |
| 246 | 1399 | Arjan Boekestijn | Olympus 70 | 12M45 | 1:03:30 | 1:04:34 |
| 247 | 1076 | Felicie van Vree | Bertus | 12V45 | 1:04:21 | 1:04:35 |
| 248 | 117 | Jacques Merx | HRR | 12M55 | 1:04:15 | 1:04:36 |
| 249 | 1069 | Geera Poot-Toren | AV Fortuna | 12V45 | 1:04:25 | 1:04:41 |
| 250 | 130 | Bas van Ooijen | Den Haag | 12M35 | 1:04:22 | 1:04:41 |



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|-----|---------|----------------------------|---------------------|-------|---------|---------|
| 251 | 127 | Richard van t Noordende | Delft | 12M45 | 54:12 | 1:04:44 |
| 252 | 1223 | Jan Willem Groenewegen | De Hardloper | 12M45 | 1:04:01 | 1:04:46 |
| 253 | 180 | Jeroen van der Vlugt | Deft | 12M45 | 1:03:49 | 1:04:47 |
| 254 | 47 | Michael Daane | DIJC Bertus | 12M35 | 1:04:15 | 1:04:54 |
| 255 | 1394 | Alex Keijzer | Olympus '70 | 12M35 | 1:04:19 | 1:04:55 |
| 256 | 41 | André Buitenhek | Lekkergelopen.nl | 12M45 | 1:04:17 | 1:04:57 |
| 257 | 1422 | Bert Eeuwijk | Waterweg | 12M55 | 1:04:33 | 1:05:01 |
| 258 | 1260 | Hans Arkesteijn | Delft | 12M45 | 1:04:32 | 1:05:02 |
| 259 | 172 | Remko Verdouw | Naaldwijk | 12M35 | 1:04:49 | 1:05:04 |
| 260 | 1365 | Arian de Lang | Olympus '70 | 12M35 | 1:04:36 | 1:05:06 |
| 261 | 1381 | Tom van Dijk | Den Hoorn | 12M18 | 1:04:41 | 1:05:10 |
| 262 | 1256 | Edwin Lasschuijt | Delft | 12M45 | 1:04:33 | 1:05:11 |
| 263 | 1204 | Jaap Kester | De Hardloper | 12M55 | 1:04:38 | 1:05:13 |
| 264 | 556 | Anneke Baak | Rijswijk | 12V55 | 1:04:36 | 1:05:14 |
| 265 | 75 | Rasem Haj Mohammad | AV Sparta | 12M55 | 1:04:18 | 1:05:17 |
| 266 | 137 | Marko Pet | Den Haag | 12M35 | 1:04:26 | 1:05:19 |
| 267 | 1384 | Stefan Duijvestijn | De Lier | 12M35 | 1:04:35 | 1:05:22 |
| 268 | 1357 | Gerard van den Ende | Olympus '70 | 12M55 | 1:05:00 | 1:05:25 |
| 269 | 1313 | Hans Rensen | de Hardloper | 12M45 | 1:04:56 | 1:05:30 |
| 270 | 1328 | Theo Ebens | Voorburg | 12M55 | 1:04:29 | 1:05:33 |
| 271 | 1259 | Gerard van der Meer | Delft | 12M45 | 1:05:10 | 1:05:39 |
| 272 | 148 | Frank van Roon | AV Waterweg | 12M35 | 1:05:03 | 1:05:40 |
| 273 | 173 | Ernst Verhage | Delft | 12M45 | 1:05:40 | 1:05:51 |
| 274 | 1344 | Edwin v.d. Wilk | Olympus '70 | 12M45 | 1:04:58 | 1:06:03 |
| 275 | 557 | Evert Baak | Rijswijk | 12M55 | 1:05:34 | 1:06:12 |
| 276 | 142 | Gilbert Post | AV Waterweg | 12M45 | 1:06:12 | 1:06:25 |
| 277 | 196 | Thom Zwagers | De Kieviten | 12M35 | 1:05:52 | 1:06:33 |
| 278 | 20 | Geert van Bergenhenegouwen | Monster | 12M45 | 1:06:21 | 1:06:35 |
| 279 | 1054 | Vivienne Breuer | Schipluiden | 12V35 | 1:06:06 | 1:06:36 |
| 280 | 1047 | Simone van Dijk | De Hardloper | 12V45 | 1:06:11 | 1:06:38 |
| 281 | 159 | Erwin Schouten | Erwin Schouten | 12M45 | 1:05:28 | 1:06:39 |
| 282 | 1358 | Alain van der Heiden | Zwijndrecht | 12M45 | 1:06:18 | 1:06:41 |
| 283 | 1088 | Janna Rijkers | | 12V35 | 1:06:24 | 1:06:43 |
| 284 | 68 | Jeroen Gerrits | Deft | 12M45 | 1:05:49 | 1:06:48 |
| 285 | 572 | Irene ten Donkelaar | AV De Koplopers | 12V35 | 1:06:12 | 1:06:52 |
| 286 | 551 | Elisabet Alink | AV De Koplopers | 12V35 | 1:06:13 | 1:06:54 |
| 287 | 186 | Fred Wartna | Rotterdam | 12M55 | 1:05:45 | 1:07:00 |
| 288 | 637 | Afke Verhoef | Voorne Atletiek | 12V45 | 1:06:48 | 1:07:00 |
| 289 | 1269 | Rob van Woudenberg | Renergie | 12M45 | 1:06:31 | 1:07:00 |
| 290 | 1317 | Egbert van Dijk | AV Fortuna | 12M55 | 1:05:53 | 1:07:04 |
| 291 | 90 | Steyn Huurman | Oegstgeest | 12M18 | 1:06:38 | 1:07:09 |
| 292 | 1231 | Herman Vroom | Sparta | 12M55 | 1:06:45 | 1:07:11 |
| 293 | 608 | Nelleke van Marrewijk | s Gravenzande | 12V45 | 1:06:31 | 1:07:22 |
| 294 | 1412 | Leon Toussaint | Olympus '70 | 12M45 | 1:07:08 | 1:07:25 |
| 295 | 583 | Anja Hegge-van Marrewijk | Olympus '70 | 12V55 | 1:06:33 | 1:07:25 |
| 296 | 585 | Connie Hemerik | Schiedam | 12V45 | 1:07:17 | 1:07:36 |
| 297 | 1343 | Tom Saverij | Delft | 12M45 | | 1:07:47 |
| 298 | 135 | Ton Overmeire | AV Sparta | 12M45 | 1:06:51 | 1:07:48 |
| 299 | 1072 | Sara Doelman | Hoek van Holland | 12V18 | 1:07:15 | 1:07:49 |
| 300 | 1378 | Wim Lammers | bleskensgraaf | 12M55 | 1:06:43 | 1:07:49 |



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| 301 | 1340 | Paul Ammerlaan | Den Hoorn | 12M45 | 1:06:46 | 1:07:50 |
| 302 | 1417 | Ad de Groot | olympus | 12M45 | | 1:07:54 |
| 303 | 101 | F. de Kok | De Lier | 12M45 | 1:07:18 | 1:07:55 |
| 304 | 1048 | Judith Schaar | Den Haag | 12V35 | 1:06:46 | 1:07:55 |
| 305 | 1219 | Oscar vd Kruk | Delft | 12M35 | 1:07:31 | 1:08:02 |
| 306 | 23 | Marc Berkhout | Den Hoorn | 12M45 | 1:07:29 | 1:08:07 |
| 307 | 601 | Corrie Lansbergen | De Hardloper | 12V55 | 1:08:02 | 1:08:12 |
| 308 | 1329 | Ruud Waage | Voorburg | 12M45 | 1:07:09 | 1:08:14 |
| 309 | 1232 | Ed van Riet | leidschendam | 12M55 | 1:07:38 | 1:08:18 |
| 310 | 1373 | Frank v.d. Berg | n.v.t. | 12M55 | 1:07:57 | 1:08:21 |
| 311 | 1251 | Richard Rietveld | ren je rot | 12M35 | 1:07:38 | 1:08:22 |
| 312 | 1070 | Jose Cloosterman- V Winden | Delft | 12V55 | 1:07:58 | 1:08:22 |
| 313 | 1299 | Hans Suiker | Den Hoorn | 12M55 | 1:07:24 | 1:08:27 |
| 314 | 1305 | Geert van der Linden | Poeldijk | 12M18 | 1:07:25 | 1:08:35 |
| 315 | 1242 | Wim Boekestijn | De Lier | 12M35 | 1:07:30 | 1:08:35 |
| 316 | 193 | Maxwell Yeboah | AV Fortuna | 12M45 | 1:08:20 | 1:08:39 |
| 317 | 189 | Dennis Westhuis | Vlaardingen | 12M35 | 1:08:20 | 1:08:39 |
| 318 | 1068 | Yvonne Stikkelbroeck | Delft | 12V45 | 1:07:30 | 1:08:47 |
| 319 | 96 | Jean Victor Kaiser | AV De Koplopers | 12M55 | 1:08:39 | 1:08:53 |
| 320 | 619 | Evita Post | de Hardloper | 12V35 | 1:08:31 | 1:08:59 |
| 321 | 106 | Sander Kruif | Olympus 70 | 12M45 | 1:08:10 | 1:09:06 |
| 322 | 51 | Ronald Derks | Delft | 12M35 | 1:08:51 | 1:09:18 |
| 323 | 134 | Ben van Overbeek | Haag Atletiek | 12M55 | 1:08:21 | 1:09:18 |
| 324 | 1262 | Frits Drost | IJsselrunners | 12M55 | 1:08:47 | 1:09:23 |
| 325 | 1392 | Rik van der Have | Waterweg | 12M55 | 1:08:52 | 1:09:30 |
| 326 | 1274 | Gerard Groenewegen | Naaldwijk | 12M18 | 1:08:21 | 1:09:34 |
| 327 | 594 | Henny Kleijer | Barnevled | 12V18 | 1:08:47 | 1:09:36 |
| 328 | 1244 | Jan Groeneveld | The Hague Road Runners | 12M55 | 1:09:24 | 1:09:46 |
| 329 | 85 | Marc Hondebrink | Den Hoorn | 12M35 | 1:08:43 | 1:09:56 |
| 330 | 30 | Roeland Boeters | Pijnacker | 12M18 | 1:09:11 | 1:10:00 |
| 331 | 91222 | Rob Haring | Schipluiden | 12M45 | 1:09:22 | 1:10:08 |
| 332 | 1206 | Henk Schreuter | De Hardloper | 12M55 | 1:09:58 | 1:10:08 |
| 333 | 1062 | Chantine Schippers | AV Fortuna | 12V18 | 1:09:48 | 1:10:09 |
| 334 | 91 | Fred van Iddekinge | SV DELFTSKI | 12M55 | 1:10:04 | 1:10:11 |
| 335 | 578 | Alette van Ginkel | AV Fortuna | 12V45 | 1:09:53 | 1:10:13 |
| 336 | 1304 | Leo van Spronsen | Poeldijk | 12M55 | 1:09:56 | 1:10:18 |
| 337 | 103 | Niels Koole | De Lier | 12M18 | 1:09:25 | 1:10:19 |
| 338 | 1396 | Cees Methorst | Veteranen NI. | 12M55 | 1:09:52 | 1:10:24 |
| 339 | 141 | Koos Poot | Vlaardingen | 12M55 | 1:10:17 | 1:10:33 |
| 340 | 1073 | Marja Ellen Verhoef | Running friends | 12V55 | 1:09:47 | 1:10:37 |
| 341 | 72 | Kees Hagen | Delft | 12M55 | 1:10:18 | 1:10:37 |
| 342 | 581 | Lennie Groenewegen | Rotterdam | 12V45 | 1:09:45 | 1:10:40 |
| 343 | 579 | Irene Goederaad | Rijswijk | 12V45 | 1:09:31 | 1:10:41 |
| 344 | 1049 | Rose Ongara | de Hardloper | 12V45 | 1:10:24 | 1:10:51 |
| 345 | 1342 | Edward v.d. Raaf | AV Fortuna | 12M45 | 1:09:46 | 1:10:57 |
| 346 | 586 | Sandra Heuts | AV Fortuna | 12V45 | 1:10:51 | 1:11:11 |
| 347 | 595 | Hilda Knol | Maasland | 12V45 | 1:10:22 | 1:11:17 |
| 348 | 1406 | Murat Ertop | Haag Atletiek | 12M45 | 1:10:12 | 1:11:18 |
| 349 | 620 | Angela Radtke | Maasland | 12V45 | 1:10:22 | 1:11:18 |
| 350 | 1383 | Ruben Kalkman | Den Hoorn | 12M18 | 1:10:49 | 1:11:21 |



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| 351 | 573 | Marjan Eckhardt | Delft | 12V45 | 1:10:29 | 1:11:24 |
| 352 | 618 | Lianne van Popering | Maasland | 12V18 | 1:10:12 | 1:11:24 |
| 353 | 567 | Saskia van Dam | Krimpen aan den IJssel | 12V35 | 1:10:12 | 1:11:24 |
| 354 | 1074 | Geja van Schendel | DyC Bertus | 12V45 | 1:10:36 | 1:11:25 |
| 355 | 70 | Adriaan Gringhuis | Running Friends company | 12M45 | 1:10:38 | 1:11:25 |
| 356 | 1234 | Fred Lantinga | AV Waterweg | 12M55 | 1:10:59 | 1:11:28 |
| 357 | 1362 | Leonard Boekestijn | Lierse Roadrunners | 12M55 | 1:10:11 | 1:11:28 |
| 358 | 1368 | Marc Witteman | Delft | 12M45 | 1:10:14 | 1:11:34 |
| 359 | 1212 | Jan Eikelboom | De Hardloper | 12M55 | 1:11:26 | 1:11:37 |
| 360 | 582 | Dewi van Hecke | Delft | 12V18 | 1:11:06 | 1:11:46 |
| 361 | 120 | Andy Molhoek | Leidschendam | 12M35 | 1:10:54 | 1:11:47 |
| 362 | 653 | Jan Lansbergen | NN Running team | 12M55 | 1:11:14 | 1:11:51 |
| 363 | 113 | Jip van Loenen | Vlaardingen | 12M18 | 1:11:22 | 1:11:52 |
| 364 | 602 | Annemieke Lechner-Wensveer | Delft | 12V45 | 1:11:14 | 1:11:52 |
| 365 | 44 | Enrico Carca | Leiden | 12M35 | 1:10:46 | 1:11:53 |
| 366 | 1369 | Leslo van Engeland | Den Hoorn | 12M45 | 1:10:40 | 1:12:00 |
| 367 | 1075 | Renée Warnaar | AV Fortuna | 12V18 | 1:11:41 | 1:12:01 |
| 368 | 1349 | Marley Mangroelal | Maassluis | 12M18 | 1:11:46 | 1:12:05 |
| 369 | 571 | Cigdem Dogru | AV Fortuna | 12V45 | 1:11:47 | 1:12:08 |
| 370 | 1060 | Hanneke Talmon | Vlaardingen | 12V45 | 1:12:00 | 1:12:20 |
| 371 | 616 | Winnie Pesch | Hoek van Holland | 12V45 | 1:11:31 | 1:12:22 |
| 372 | 1341 | Joh van Beek | Den Hoorn | 12M45 | 1:11:20 | 1:12:24 |
| 373 | 1235 | Bert Koelma | Delft | 12M45 | 1:11:44 | 1:12:35 |
| 374 | 1370 | Hans Jansen | Hardlopen.nl | 12M55 | 1:11:31 | 1:12:50 |
| 375 | 1079 | W Shen | Den Haag | 12V35 | 1:11:34 | 1:12:53 |
| 376 | 1359 | Geer Jansen | Thof Running | 12M55 | 1:12:21 | 1:12:54 |
| 377 | 1302 | Dennis Schoute | Den Haag | 12M45 | 1:11:54 | 1:12:56 |
| 378 | 1393 | Basjan Snoeij | Delft | 12M35 | 1:12:46 | 1:12:57 |
| 379 | 1085 | Rianne Ammerlaan | Olympus '70 | 12V55 | 1:12:33 | 1:13:05 |
| 380 | 168 | Seckin Tekin | Schiedam | 12M35 | 1:13:02 | 1:13:16 |
| 381 | 25 | Erwin Bervoets | Zoetermeer | 12M45 | 1:12:07 | 1:13:18 |
| 382 | 46 | Gijs Clemens | Leiden | 12M18 | 1:12:18 | 1:13:19 |
| 383 | 89 | Roel van der Huizen | Rotterdam | 12M45 | 1:12:49 | 1:13:20 |
| 384 | 1200 | Rob van Sinderen | Vlaardingen | 12M45 | 1:12:42 | 1:13:23 |
| 385 | 1059 | Diana Seinstra | Delft | 12V18 | 1:13:04 | 1:13:25 |
| 386 | 580 | Monica de Graaf | AV Fortuna | 12V35 | 1:13:07 | 1:13:28 |
| 387 | 40 | Ron Budding | Vlaardingen | 12M45 | 1:12:27 | 1:13:30 |
| 388 | 145 | Cees Rensen | Hardloper | 12M55 | 1:12:59 | 1:13:33 |
| 389 | 1247 | Egbert de Lanjen | Woerden | 12M45 | 1:13:25 | 1:13:44 |
| 390 | 1385 | Gerard Heezen | Den Haag | 12M18 | 1:13:27 | 1:13:49 |
| 391 | 1043 | Joke Kerklaan | De Hardloper | 12V55 | 1:12:57 | 1:13:52 |
| 392 | 1273 | Gerard vanm Swieten | Zoetermeer | 12M45 | 1:13:14 | 1:14:01 |
| 393 | 614 | Tilly van Paassen | Delft | 12V18 | 1:13:01 | 1:14:01 |
| 394 | 1042 | Lizanne van Paassen | Den Hoorn | 12V18 | 1:13:01 | 1:14:01 |
| 395 | 593 | Marian Kil | Running Friends Company | 12V45 | 1:13:14 | 1:14:04 |
| 396 | 626 | Jeannet Sarelse | AV Flakkee | 12V45 | 1:13:46 | 1:14:12 |
| 397 | 592 | Lisanne Keldermans | Vlaardingen | 12V18 | 1:13:03 | 1:14:15 |
| 398 | 162 | Stefan Sneep | Vlaardingen | 12M35 | 1:13:03 | 1:14:15 |
| 399 | 648 | Eugenie Hofwijks | NN Running team | 12V55 | 1:13:27 | 1:14:15 |
| 400 | 1066 | Laura Jentink | Olympus 70 | 12V35 | 1:13:24 | 1:14:16 |



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| 401 | 1310 | LuukL de Haan | AV Fortuna | 12M45 | 1:13:58 | 1:14:17 |
| 402 | 26 | Erik Biermans | D.I.J.C.-Bertus | 12M45 | 1:13:05 | 1:14:18 |
| 403 | 565 | Jacqueline Buitendijk | AV De Koplopers | 12V45 | 1:14:08 | 1:14:32 |
| 404 | 1205 | Gerhard Bosch | Delft | 12M55 | 1:13:27 | 1:14:41 |
| 405 | 617 | Bianca Pieterse | D.I.J.C.-Bertus | 12V35 | 1:13:55 | 1:14:45 |
| 406 | 12 | Erik Baerveldt | Gorinchem | 12M18 | 1:14:13 | 1:14:56 |
| 407 | 175 | Fabian Vermeer | Maasland | 12M18 | | 1:15:02 |
| 408 | 561 | Wilma Bloemheuvel | Cothen | 12V45 | 1:14:34 | 1:15:29 |
| 409 | 646 | Astrid Zee | Den Hoorn | 12V45 | 1:14:34 | 1:15:29 |
| 410 | 1078 | Q. v.d. Salmo | Dobbelopers | 12V55 | 1:15:14 | 1:15:31 |
| 411 | 43 | Daniel van Burk | Den Hoorn | 12M35 | 1:14:39 | 1:15:32 |
| 412 | 1258 | Peet Kester | de Hardloper | 12M55 | 1:14:46 | 1:15:42 |
| 413 | 1203 | Ron van Wijk | De Hardloper | 12M45 | 1:14:49 | 1:15:44 |
| 414 | 559 | Carla van Bemmelen | Delft | 12V45 | 1:15:08 | 1:15:47 |
| 415 | 87 | Peter Hoogeveen | Wateringen | 12M55 | 1:14:50 | 1:15:51 |
| 416 | 656 | Ron Verouden | NN Running team | 12M55 | 1:14:59 | 1:15:56 |
| 417 | 599 | Lisette de Kremer | Delft | 12V35 | 1:15:04 | 1:16:11 |
| 418 | 1209 | Rob Verbeij | AV `40 | 12M55 | 1:15:26 | 1:16:15 |
| 419 | 1264 | Harry Koper | Renergie | 12M45 | 1:15:47 | 1:16:17 |
| 420 | 1063 | Gerda Zijp | Haag Atletiek | 12V45 | 1:15:16 | 1:16:20 |
| 421 | 1398 | Remco van der Gaag | Den Hoorn | 12M55 | 1:15:31 | 1:16:24 |
| 422 | 552 | Diana van Andel | Haag Atletiek | 12V45 | 1:15:30 | 1:16:32 |
| 423 | 105 | Gerwin Krijgsman | Sommelsdijk | 12M35 | 1:15:47 | 1:16:32 |
| 424 | 635 | Bianca Verbeek | Haag Atletiek | 12V45 | 1:15:29 | 1:16:41 |
| 425 | 1255 | Oscar Zonneveld | Den Hoorn | 12M45 | 1:16:23 | 1:17:03 |
| 426 | 138 | Kees van den Pol | AV `56 | 12M55 | 1:16:07 | 1:17:11 |
| 427 | 37 | Jaap Brederveld | Rotterdam | 12M55 | 1:16:26 | 1:17:31 |
| 428 | 641 | Lenie de Visser | AV Waterweg | 12V55 | 1:17:39 | 1:17:55 |
| 429 | 611 | Ellen Nel | | 12V45 | 1:17:36 | 1:18:08 |
| 430 | 1283 | Peter Perlot | Delft | 12M55 | | 1:18:12 |
| 431 | 639 | A.M. Vink-Bos | AV Fortuna | 12V55 | 1:17:25 | 1:18:18 |
| 432 | 558 | Ingrid Bakkers | Maassluis | 12V45 | 1:17:52 | 1:18:18 |
| 433 | 584 | Wendy van der Helm | Den Hoorn | 12V18 | 1:18:15 | 1:18:54 |
| 434 | 630 | Roos van Staalduine | De Lier | 12V18 | 1:18:30 | 1:19:25 |
| 435 | 164 | Luuk van Staalduine | De Lier | 12M18 | 1:18:31 | 1:19:25 |
| 436 | 1051 | Wijna den Toom | Schipluiden | 12V55 | 1:19:34 | 1:19:47 |
| 437 | 192 | Ger van Witzenburg | Maassluis | 12M55 | 1:18:43 | 1:19:59 |
| 438 | 14 | Sander Barkhuysen | AV `40 | 12M35 | 1:19:43 | 1:20:01 |
| 439 | 631 | Jeannette Sterk | AV Fortuna | 12V35 | 1:19:26 | 1:20:23 |
| 440 | 634 | Nell Van der eijk | Vlaardingen | 12V45 | 1:19:47 | 1:20:44 |
| 441 | 179 | Michel van Vliet | Olympus 70 | 12M35 | 1:19:59 | 1:20:53 |
| 442 | 91216 | Koos van Dijk | De Hardloper | 12M55 | 1:20:26 | 1:21:18 |
| 443 | 598 | Trudie de Koning | Delft | 12V55 | 1:20:10 | 1:21:25 |
| 444 | 554 | Ellen van Marrewijk | Waalre | 12V45 | 1:20:45 | 1:21:40 |
| 445 | 1279 | Andre Luyendijk | Vierpolders | 12M18 | 1:20:26 | 1:21:40 |
| 446 | 29 | Wouter de Boer | Zoetermeer | 12M55 | 1:21:04 | 1:21:45 |
| 447 | 1237 | Paul Wobbe | Haag Atletiek | 12M55 | 1:20:53 | 1:21:55 |
| 448 | 62 | Gideon van den Ent | Den Haag | 12M35 | 1:20:59 | 1:22:10 |
| 449 | 1077 | Diana de Groot | Vlaardingen | 12V45 | 1:22:21 | 1:22:48 |
| 450 | 570 | Ellen van Dijk | Delft | 12V45 | 1:21:58 | 1:22:56 |



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| 451 | 1348 | Ton de Rooij | team de Rooij | 12M45 | 1:22:24 | 1:23:11 |
| 452 | 1347 | Lucas de Rooij | team de Rooij | 12M18 | 1:22:24 | 1:23:11 |
| 453 | 1366 | Ivaiz van Winden | Den Hoorn | 12M18 | 1:23:57 | 1:24:15 |
| 454 | 1082 | Adriana Winkel | Haag | 12V45 | 1:23:15 | 1:24:18 |
| 455 | 190 | Henr Wijnants | Delft | 12M55 | 1:23:28 | 1:24:44 |
| 456 | 560 | Cindy van Bergen | Sommelsdijk | 12V35 | 1:24:06 | 1:24:50 |
| 457 | 36 | Arnold Brabander | Delft | 12M45 | 1:23:40 | 1:24:56 |
| 458 | 185 | Teun Vrolijk | De Vrolijke Loper | 12M55 | 1:24:26 | 1:24:57 |
| 459 | 600 | Monique Krijnen | De Vrolijke Loper | 12V55 | 1:24:26 | 1:24:57 |
| 460 | 147 | Arnaut de Rijk | Delft | 12M35 | 1:24:09 | 1:25:16 |
| 461 | 1080 | Marieke van der Staaij | Lierse Roadrunners | 12V55 | 1:24:36 | 1:25:21 |
| 462 | 1230 | Rob Wijk | Renergie | 12M45 | 1:25:09 | 1:25:26 |
| 463 | 1418 | Peter van der Wilk | Olympus '70 | 12M45 | 1:24:21 | 1:25:27 |
| 464 | 56 | Ben Dries | Barendrecht | 12M55 | 1:24:11 | 1:25:28 |
| 465 | 15 | Loek Bekker | Verveteranen Nederland | 12M55 | 1:25:25 | 1:25:53 |
| 466 | 74 | Chris Hagoort | Vlaardingen | 12M55 | 1:25:59 | 1:26:36 |
| 467 | 1055 | Remy Philipsen | Den haag | 12V45 | 1:26:12 | 1:27:12 |
| 468 | 161 | Danny van Sintmaartensdijk | Den Haag | 12M45 | 1:26:52 | 1:27:25 |
| 469 | 61 | Chiel van der Ende | Den Haag | 12M45 | 1:26:55 | 1:27:30 |
| 470 | 568 | Nanda de De Jonge | geen | 12V45 | 1:27:35 | 1:28:47 |
| 471 | 177 | Bart Verschuur | Rotterdam | 12M45 | 1:28:14 | 1:28:51 |
| 472 | 908 | André van Buuren | Delft | 12M18 | 1:27:37 | 1:28:55 |
| 473 | 112 | Walter de Ling | Vlaardingen | 12M55 | 1:29:08 | 1:30:25 |
| 474 | 11 | Jim Autar | AV Sparta | 12M45 | 1:29:42 | 1:30:40 |
| 475 | 27 | Jeffro Bindadin | Maassluis | 12M35 | 1:32:15 | 1:32:29 |
| 476 | 55 | Joop van Dorp | Delft | 12M55 | 1:33:04 | 1:34:05 |
| 477 | 13 | Adam Bakar Omar | Den Haag | 12M35 | 1:33:18 | 1:34:05 |
| 478 | 1050 | Petra Vos | Waterweg | 12V45 | | DNF |
| 479 | 1053 | Rosa Koelma | Delft | 12V18 | | DNF |
| 480 | 1297 | Stefan Scholtes | S-GRAVENZANDE | 12M18 | | DNF |
| 481 | 644 | Annemiek Vos | AV Sparta | 12V45 | | DNF |
| 482 | 1291 | Frank de Winter | AV Fortuna | 12M35 | | DNF |
| 483 | 1277 | Wim van der Meer | Run4fun | 12M45 | | DNF |